



Risk Control

Resuming Operations Safely

Resuming operations after a shutdown isn't as simple as pressing a button. Your business must consider the availability and safety of your workforce, the condition of buildings and equipment, the status of your supply chain, and the readiness of customers and contractors. Above all else, you'll need to consider the health and safety of your employees.

After weeks of inactivity, workers can lose up to a third of their strength and flexibility, and also experience a significant decrease in stamina leading to fatigue*. When combined with physically demanding jobs such as operating equipment, driving a forklift or packaging a product, this can lead to injury.

Training for a Safe Return

A well-trained workforce is essential for a culture of safety, and investing time in employee safety can significantly reduce the risk of injury. As companies resume operations, they will have an opportunity to simultaneously restart and reinvigorate their safety culture. To support these efforts, CNA offers a variety of complimentary courses via [SORCE® On Demand](#), including topics such as the OSHA Focus Four.

- These courses offer hazard and safety awareness training, which can help your teams prepare for the physical and mental demands they will face upon resuming operations.
- Reviewing safety best practices keeps the topic fresh in the minds of employees.
- Courses are only 10-15 minutes long and can be taken on a computer, tablet or mobile device.
- Each course is interactive and includes knowledge checks to keep the participant engaged.

SORCE® On Demand Courses

- Caught in or Between
- Distracted Driving
- Electrical Safety
- Fall Protection
- Fire Extinguisher Safety
- Hazard Communication
- Ladders
- Material Handling
- PPE
- Slips and Falls
- Struck By

Access these courses and many more via [SORCE® On Demand](#).

To learn more about how to manage your risks and increase efficiencies, please contact CNA Risk Control at RiskControl@cna.com or visit cna.com/riskcontrol.

* University of Copenhagen The Faculty of Health and Medical Sciences. (2015, June 26). Inactivity reduces people's muscle strength. ScienceDaily. Retrieved June 10, 2020 from www.sciencedaily.com/releases/2015/06/150626095520.htm